


Cramond
RESIDENCE

Edinburgh's Finest Care Home

Next Steps

Come and see for yourself

We offer tours of our Residence where you can come and meet our team, see the Residence for yourself and talk to us about you or your loved one's needs. During the tour, you'll see our rooms and facilities (including our gym) and we'll answer any questions you might have.

You're welcome to drop in, or you can book a visit using the contact details below.

 0131 341 4037

 cramondresidence.co.uk

 Cramond Residence



Service Information

Physiotherapy



Cramond
RESIDENCE

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You can also find us at

 carehome.co.uk

Physiotherapy offered in partnership with


BALANCED
BE BETTER

We have an exclusive partnership with Balanced, Edinburgh's premier physiotherapy team.

Our link-up with Balanced means that we can offer a full range of physiotherapy exercises and treatments in our in-house gym. This helps our residents to be as healthy, active and independent as possible. It also helps to improve their balance and reduce their risk of falling.



Physiotherapy

Health and wellness for all

The team at Balanced has expertise in all key treatments, including post-op, community and stroke rehab. They are also experts in Fall Prevention and the management of complex conditions.

MAKING LIFE BETTER

The Balanced team works with each resident to keep them fit, reduce their aches and pains and help them become more stable on their feet.

Key Benefits

Targeted, effective therapy

Bespoke physiotherapy plans

When residents arrive at Cramond Residence, their needs are carefully assessed and a bespoke physiotherapy care plan is created to enhance their wellbeing.

A wide range of therapies

Alongside physiotherapy, we also provide a regular Balance Class, massage, podiatry and many additional complementary therapies.

Specialised in-house facilities

We have a dedicated gym, that has been specially designed and equipped for the needs of older people.